



SPORTS QUEST & WESTSIDE

“TACTICS & SKILLS TRAINING”

For Boys & Girls U8 – U10 years

Sign up now to be a part of the growing number of young players benefiting from the outstanding instruction provided by Sports Quest, a professional, Christian soccer training organization

SKILLS TRAINING...

- Dribbling
- Turning
- Shielding
- Shooting & Finishing
- Passing & Control
- Defending... and much more!

TACTICAL TRAINING...

- Individual Decision Making
- 1 v 1 Offence & Defense
- Group Concepts
- Principles of Play
- Small-sided Games ...and much more!



Course Information

- Thursday's 5.00-6.15 pm
- First session February 11th, 2010
- Last session April 22nd, 2010
- 10 sessions (no training week of Spring Break)
- Free Sports Quest T-shirt

Course Fee

- Early Bird registration (on or before February 1st) = \$130.00
- After February 1st = \$145.00



SPECIAL PROGRAM INFORMATION

- All sessions take place at Bear Creek Park (Hwy 6 & Clay Road), field # 4
- Players should wear shin-guards and cleats and bring water for refreshment

Register online at www.sportsquesttraining.com

Any questions call 832.593.7777

“Building Character On And Off The Field”